

Half Term	Focus
1	<p>Topic: <i>Getting to know you.</i> <i>Following instructions. Team games. Practising catching large balls within these games.</i></p> <ul style="list-style-type: none"> • <i>Can catch a large ball. (30-50 months)</i> • <i>Experiments with different ways of moving. (40-60 months)</i> • <i>Negotiates space successfully when playing racing and chasing games, adjusting speed or changing direction to avoid obstacles. (40-60 months)</i>
2	<p>Topic: <i>Superheroes and Christmas.</i> <i>Gymnastics.</i></p> <ul style="list-style-type: none"> • <i>Experiments with different ways of moving. (40-60 months)</i> • <i>Jumps off an object and lands appropriately. (40-60 months)</i> • <i>Travels with confidence and skill around, under, over and through balancing, climbing equipment. (40-60 months)</i>
3	<p>Topic: <i>Wonderful world.</i> <i>Ball games with weekly focus on how exercise contributes to good health.</i></p> <ul style="list-style-type: none"> • <i>Shows increasing control over an object in pushing, throwing, catching or kicking it. (40-60 months)</i> • <i>Shows some understanding in good practices with regard to exercise, eating, sleeping and hygiene can contribute to good health. (40-60 months)</i>

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4	<p>Topic: <i>Knowing right from wrong (The Three Little Pigs).</i> <i>Yoga and body balance (well being).</i></p> <ul style="list-style-type: none"> • <i>Children show good control and co-ordination in large and small movements (ELG).</i> • <i>They move confidently in a range of ways, safely negotiating space. (ELG)</i> • <i>Shows some understanding in good practices with regard to exercise, eating, sleeping and hygiene can contribute to good health. (40-60 months)</i>
5	<p>Topic: <i>In the garden (growing, fairies, minibeasts).</i> <i>Dance and movement.</i></p> <ul style="list-style-type: none"> • <i>Initiates new combinations of movement and gesture in order to express and respond to feelings, ideas and experiences. (40-60 months being imaginative).</i> • <i>Children show good control and co-ordination in large and small movements (ELG).</i> • <i>Children can hop confidently and skip in time to music. (EXC)</i> • <i>Children know the importance for good health of physical exercise and a healthy diet and talk about ways to keep healthy and safe. (ELG)</i> • <i>Children know about and can make healthy choices in relation to, healthy eating and exercise. (EXC)</i> • <i>Represent own ideas, thoughts and feelings through music and dance. (ELG being imaginative)</i> • <i>Talk about features of their own and others work, recognises differences between theirs and strength of others. (EXC being imaginative)</i>
6	<p>Topic: <i>Pirates.</i> <i>Athletics</i></p> <ul style="list-style-type: none"> • <i>Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. (ELG)</i> • <i>Children know about and can make healthy choices in relation to healthy eating and exercise. (Exc)</i>